

## **FAMILY**

**2 Samuel 22:7** (ESV) *In my distress I called upon the Lord; to my God I called. From His temple He heard my voice, and my cry came to His ears.*

**Thanksgiving:** Ask Jesus to remind you of a time when He listened and answered a big prayer burden in your life. Write out what the burden was and His answer. Thank Him!

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Our love and concern for our families should draw us into prayer for them. Sometimes these prayers can feel like a heavy load or a burden. Jesus said:

**Matthew 11:28-30** *“Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”*

**Personal Reflection:** What burden you are carrying in regards to your family? If there is nothing pressing, ask the Holy Spirit to reveal something you can pray for your family.

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Spend time telling Jesus about your concern and why this burdens you.

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**Prayer:** In prayer, relinquish complete control of your burden to Him surrendering the desire for a specific outcome. Also ask God if there are any barriers on your part that are standing in the way of hearing what He desires to speak to you about this (ex. sin issues, doubt/unbelief, lack of perseverance, etc.). Write out your confession.

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You are not alone in carrying this burden! Jesus is with you, interceding to the Father on your behalf and on behalf of your family!

**Romans 8:34...*Christ Jesus is the one who died—more than that, who was raised—who is at the right hand of God, who indeed is interceding for us.***

**Hebrews 7:25 *Consequently, he is able to save to the uttermost those who draw near to God through him, since he always lives to make intercession for them.***

**Listening Prayer:** Ask the Holy Spirit to share with you what Jesus is praying about in regards to this burden you have for your family. Also ask Him to reveal to you through a word, thought or picture where He is in this circumstance/need and what hope He has for it.

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**Intercession:** Ask the Holy Spirit to give you two strategies as prayer points so you can pray effectively, according to His plans and purposes for the burden you are praying about. Then spend time interceding for your family.

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