

TAKING OUR STRUGGLES TO JESUS:

1. Let's take some time now to bring something before God and ask for His opinion on it. What is worrying you, causing stress or overwhelming you relating to Christmas? Briefly describe the situation:

a) Use three feeling words to describe how you feel about this struggle:

b) What have been your gut reactions about this struggle? How have you been trying to deal with it on your own?

c) Surrender this to God. Ask God to show you how He sees this situation/person.

d) Does this change your perception of the situation? Do you feel differently about the situation and the person?

e) Ask God to show you how He wants you to handle this situation. What strategies does He have for you? What is His hopeful heart?
